

PRESCHOOL PROGRAM SCHEDULE GROUPS 1 AND 2

~This is a typical day's schedule and may vary slightly~

6:45 - 8:00 a.m. Children arrive and join others in Group 1

8:00 – 8:30 a.m. Room activities, Diapering or Toilet learning

8:30 – 9:00 am. Gym or outside activity (optional)

9:00 - 9:30 a.m. Breakfast

9:30 – 9:45 am. **Group/Circle Time**

9:45 – 10:45 a.m. AM snack, Interest Centers, Diapering or Toilet learning

10:45 - 11:00a.m. Clean up

11:00 - 11:30 a.m. Gym/outdoor time

11:30 – 12:00 p.m. Circle time and group activity

12:00 - 12:45 p.m. Lunch

12:45 – 1:00 p.m. Quiet Time (rest, books, soft music) Diapering or Toilet learning

1:00 – 3:00 p.m. Rest Time

3:00-3:30 p.m. Wake up transition, Diapering or Toilet learning

3:30 - 5:15 p.m. Snack, interest centers

5:15 – 5:45 p.m. Gym Time or Outdoor play (optional)

5:45 - 6:00 p.m.





PRESCHOOL PROGRAM SCHEDULE GROUPS 3, 4 &5

~This is a typical day's schedule and may vary slightly~

6:45 – 8:00 a.m. Children arrive and join others in group 1

8:00 – 8:30 a.m. Gym or outside play (optional)

8:30 - 9:00 a.m. Puzzles, coloring, manipulatives and reading

9:00 - 9:30 a.m. Breakfast

9:30 - 9:50 a.m. Opening Circle

9:50 – 11:00 a.m. AM snack, Interest centers and art activities

11:00 – 11:30 a.m. Group Time/Circle (songs, flannel boards, finger plays etc.)

11:30 - 12:00 a.m. Organized Gym Time

12:00 - 12:45 p.m. Lunch

12:45 – 1:00 p.m. Prepare for rest time

1:00 – 3:00 p.m. Rest Time / Quiet Manipulatives

3:00 – 3:15 p.m. Wake – up Time

3:15 – 4:20 p.m. Snack/Interest Centers and art activities

4:20 – 5:00 p.m. Classroom Activities

5:00 - 5:45 p.m. Gym Time or Outdoor play (optional)

5:45 - 6:00 p.m.

All Groups combine in GROUP 3